



# Whimsical Healing

By Annette Argabright  
July 2021

*Someone once told me that I was not an artist because I do not paint and that I was not educated because I from a university. They were because I feel like one and I choose to learn. Mediums define me, nor do the myself.*



*do not have a degree wrong. I am an artist am educated because I and buildings do not constraints I put on*

*Whimsical Healing is meant to offer a release from the constraints.*

# Vision

**Design Intentions:** My vision is to allow myself the space and freedom to create art within my garden to heal an area of disconnection. I intend to create a healing space for myself and others where there are few boundaries and there are no wrong turns. I want there to be a desire to keep going to see what is next. I want to be able to lose myself yet connect in a new and deeper way.

*I want to feel a richness of life in my unplanned, whimsical art path.*

I want to be able to lose myself yet connect in a much deeper way.

*I intend to create a healing space for myself and others where there are few boundaries and no wrong turns. I want people to want to keep going to see what is next.*

I want to be free and empowered to be fully expressive

*I will give myself permission to be creative*

I want to connect with myself

*I want to create an art gallery within an art gallery*

*“Sometimes you just have to let your crazies loose.” Dottie Carter*

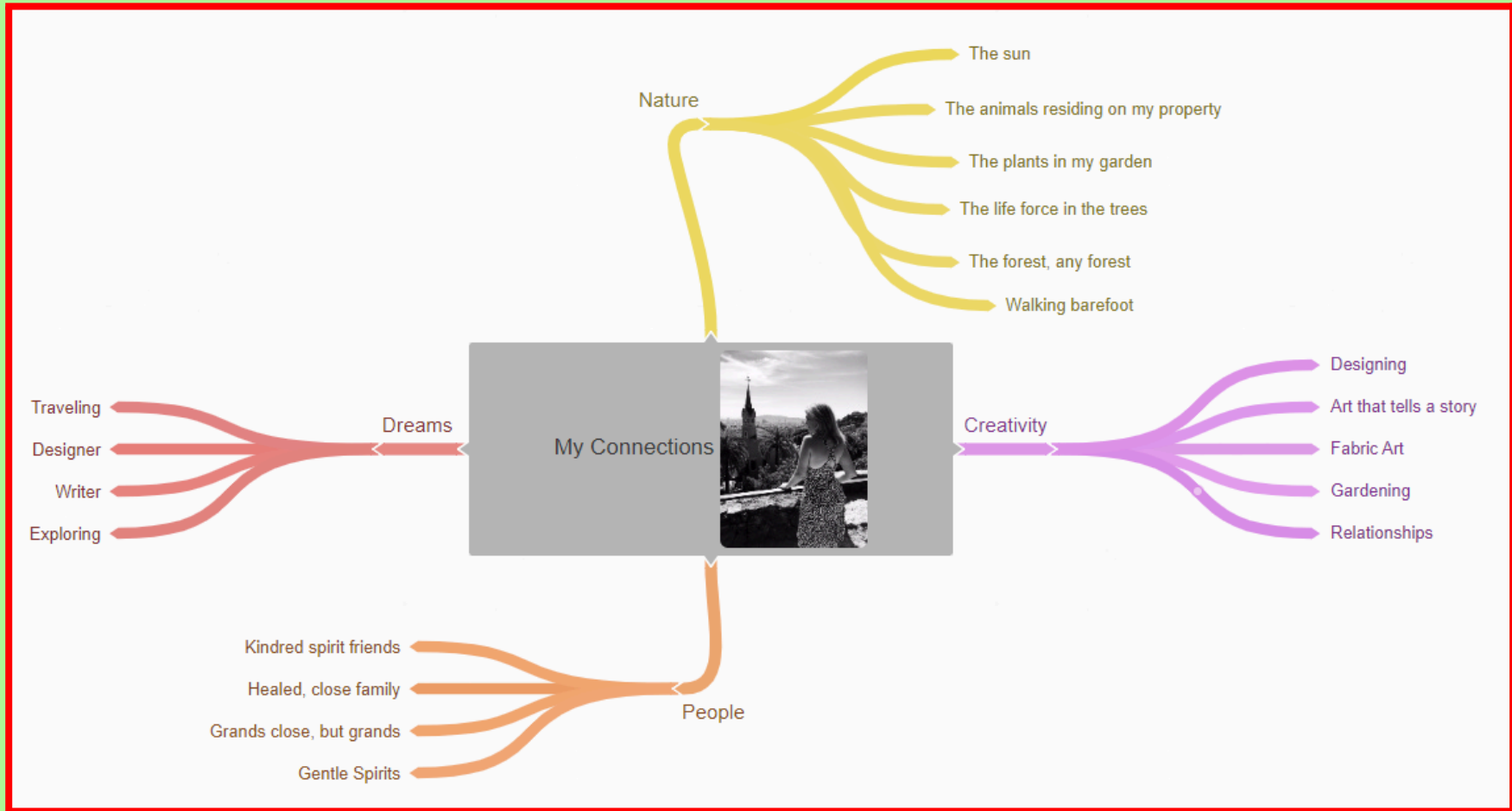
My heart rate increases  
 I feel full  
 w/ clarity  
 Spiritual richness of life in my unplanned, whimsical art gallery  
 An art gallery within an art gallery  
 I want to be able to lose myself yet connect in a much deeper way.  
 I want to feel richness of emotion  
 Full to overflowing  
 Tells a story  
 Moving  
 Combined  
 Added depth or dimension  
 Peaceful  
 Creative  
 Glow  
 Inviting  
 As one  
 Transformed  
VISION  
 Child Phase  
 Sense of Wonder  
 Release  
 Inspiring  
 Healing  
 Unexpected  
 Excited  
 I intend to create a healing space for myself + others whose hearts call for boundaries and no wrong turn home. I want to keep going to see what is next.  
 Free flowing  
 Immersion into the garden  
 Connected  
 nonsensical sometimes  
 Clarity  
 Engaging  
 Interactive - Some  
 Unlocked  
 Empowered  
 helps to see layers all the way  
 Sometimes you just have to let your crazies loose - Dottie

Page from the "12 Page Blur"

## The Renewal of Creative Path (ROCP)

Review of what connects us in our lives	Family, friends, school, passion, relationships, gardens, nature, the lake, trees, artistic blending, order and some chaos, systems that propel me forward
Obstacles to connection	Family circumstances, our response to those circumstances, unresolved anger, time, money, schedule, lack of knowledge or skill, fear of success, doubt
Patterns of synchronicity and help from nature	The desire to learn the language of birds with the boys and meeting Jon. Bringing back the desire for a healing pathway, surprise flowers
Inventory of gifts	<p>I asked a few people and received this</p> <ul style="list-style-type: none"> <li>● Visionary - important</li> <li>● Give grace to others</li> <li>● Good at listening</li> <li>● Stick to itiveness</li> <li>● Work ethic I've never seen in anyone</li> <li>● Ability to stay on task-amazing how many things I'm accomplishing</li> <li>● Self control</li> <li>● Self drive - keep coming back and finishing things</li> <li>● Incredible passion</li> <li>● Think outside the box</li> <li>● Keep moving forward when things get hard - keep my fire inside</li> <li>● Respected</li> <li>● Teacher</li> <li>● Designer</li> </ul>

Stepping stones of visions and gifts	I did not think this would flow freely but it did. I've thought of creating stepping stones that represent these turning points for my pathway. They don't have to mean anything to anyone else.
Releasing expectations and forgiveness	On forgiveness - I have forgiven on several levels but struggle. I am having to live with the mistakes of others (as reminded by a friend)
Weaving the Creative Scene	See mind map below
Checking with past and future	My grandfather instantly came to mind and it felt warm and endearing. His eye for landscape photography and desire to be a part of projects and activity would have been a beautiful way for us to connect. We were not that close, but since his death I've learned of how many things we have in common. I had not considered looking at my gardens and paths through the eye of a photographer. When I think of the future I see my future family and grands gathering with a feeling of healed connection. I do not think that can happen where we currently live due to family circumstances. I've asked my daughters where in the world we could all live and heal or where they would feel like our family could move forward.



Jon Young co-taught this course with Looby and included his 8 Shields instruction for our design web journey. The shields represents the energy and connection for each of the directions. I've included 3 words for each shield that correlate with the design.





# Helps

**Internal:** A few years ago I received a vision that I am a Seed planter. I want to be true to that vision or calling. I have a desire and passion to learn and share, and I am open to grow. I've raised my kids and now my grands and have been a teacher for 20 years. I am organized, have gained wisdom, and am nurturing. For several years I made clothes for imaginary people while running a costuming department in a children's theatre. Trashion Fashion experience inspired me.

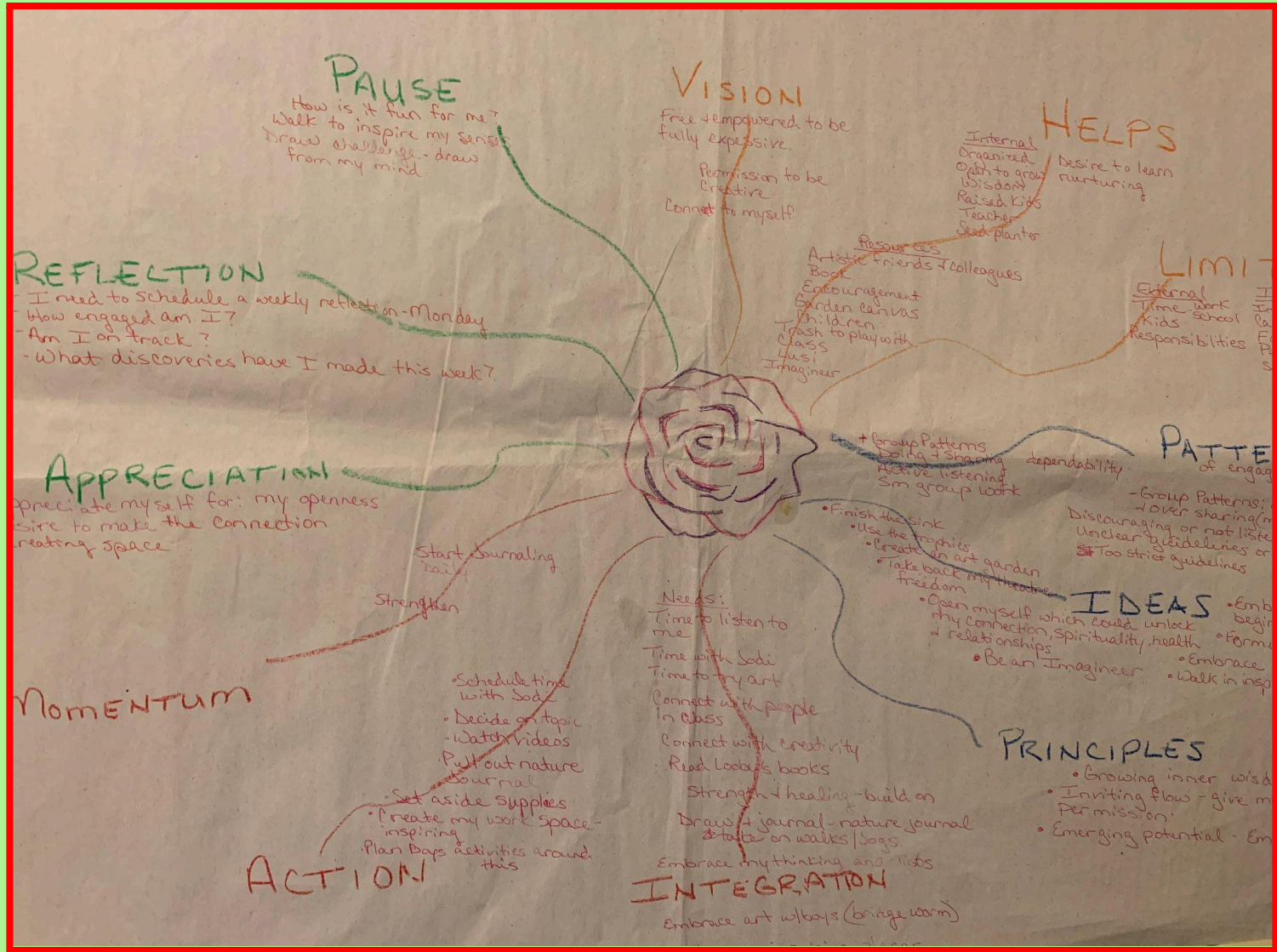
**External:** I have several artistic friends, colleagues, and my children that will encourage and guide me. I have access to books and videos and trash to play with. My garden is a canvas. This class and my diploma mentors are definitely helps. And imagineer guidelines are helps (I always wanted to be a Disney Imagineer).

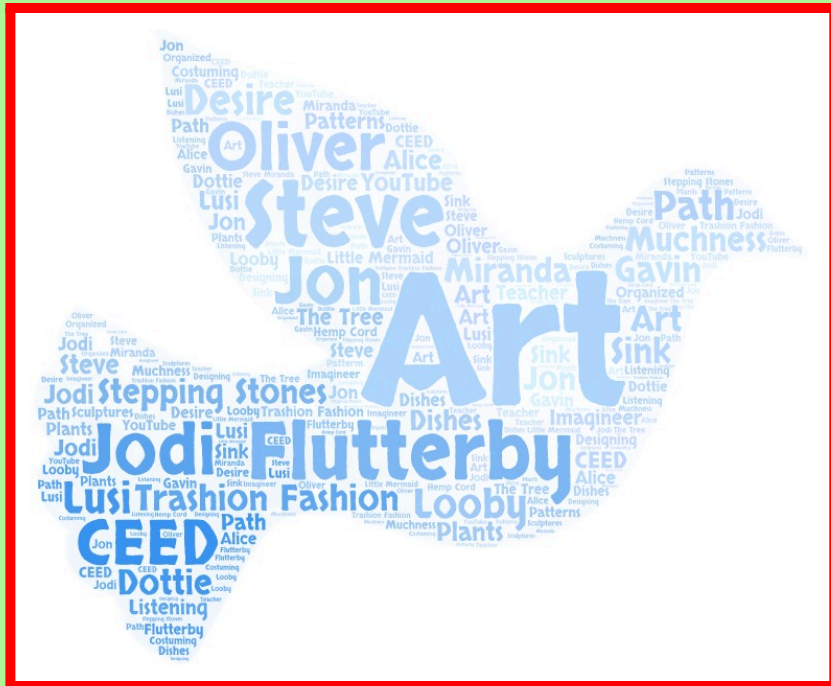
*"You're not the same as you were before. You were much more... 'muchier'. You've lost your muchness." Lewis Carroll, Alice in Wonderland*

*"...but I nearly forgot. You must close your eyes. Otherwise you won't see anything." Lewis Carroll, Alice in Wonderland*

*"The design web is the tray that hold the plates" Looby Macnamara*

*"Each of us hold magic"*





I have the quick design hanging on my office wall where I can see it every day. Since the class started I've done a quick design for several other projects and shared it with many people.

## Emergence Journal:

Looby, lovely quotes - brings us lots of thoughts about too muchness and how culturally conditioned that is

Gudrun, Love these! Too much is something I often worry I am and it's good to remember that too much can be a great thing!

Annette, Culturally conditioned is an accurate statement. Let's celebrate our muchness!

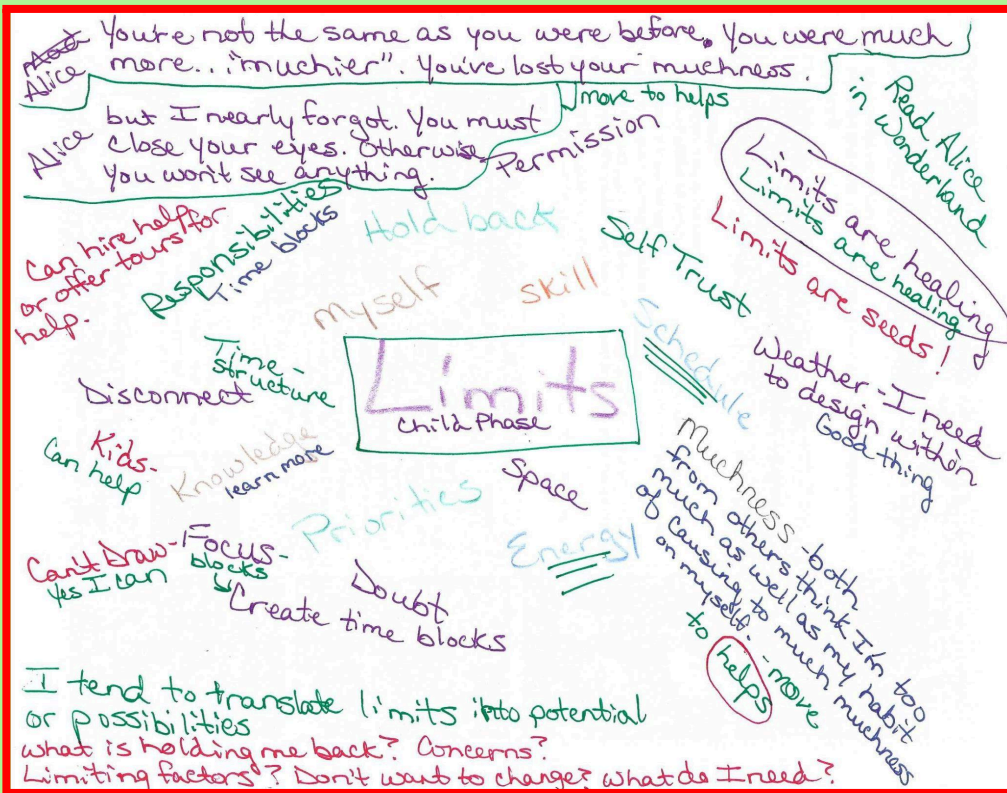
Pippa, Oh I love these quotes. Thank you for sharing Annette.

Jorge, Loved the quotes Annette, thanks for sharing! Somehow, they take me to another context and remember me of blue pill / red pill from Matrix...

# Limits

**External:** Some of my limits include time, kids, responsibilities, money, and that our house renovation is unfinished.

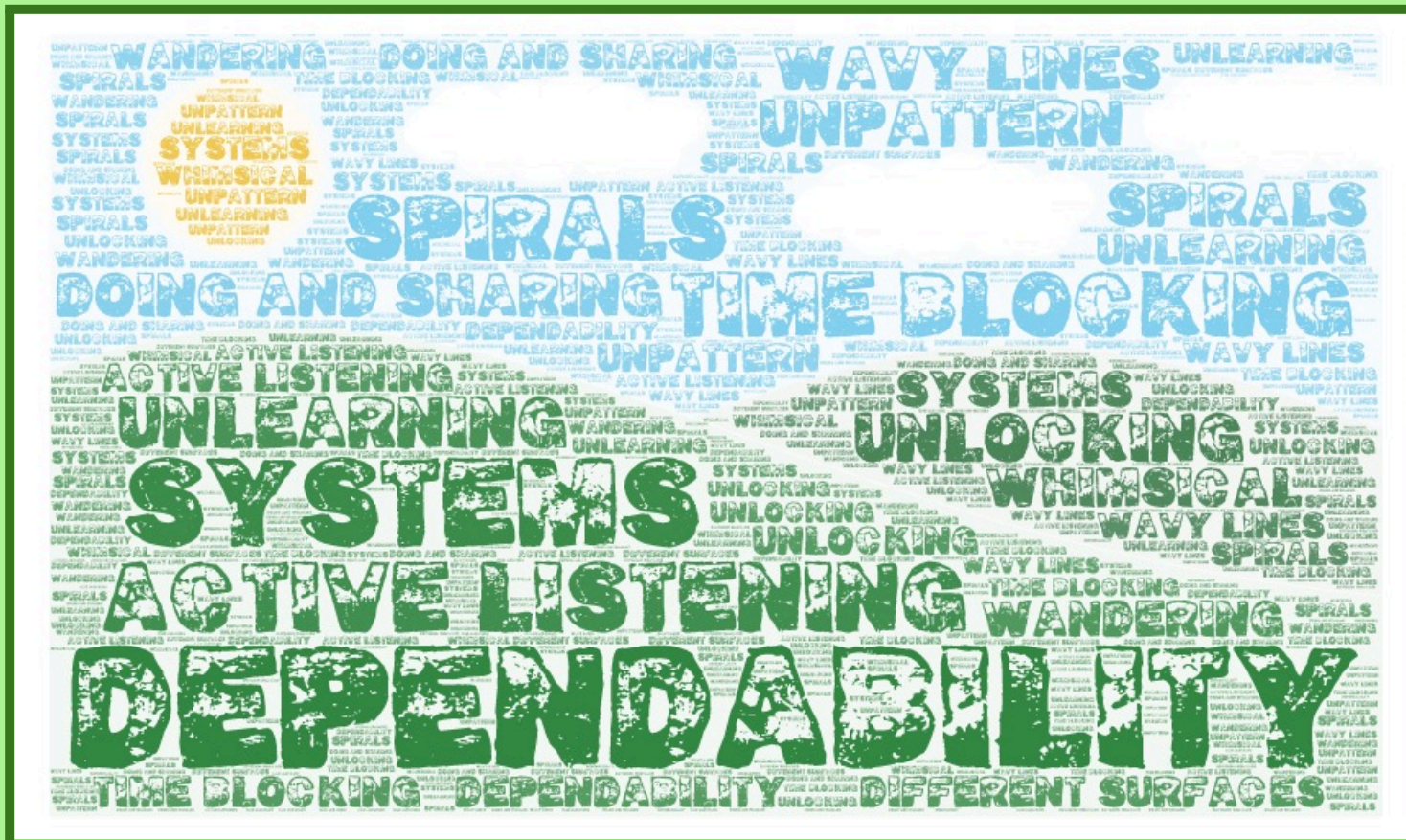
**Internal:** Inner blocks, can't draw belief, permission, and seeing importance are big internal limits. Having the projects be a part of this design helped to give me permission to work on them. It is great to see things come together and my grandsons are enjoying being a part of it. Others sometimes think I'm too much which can often limit me, but I am recognizing that it is also a help. I am considering this a help because it will allow me to do big things. Adding too much to my plate is a recurring limit. Time blocking does help so this could be the "problem is the solution".



**Criteria:** Each art piece and garden should tell a story even if it is unclear to others. They need to be repurposed materials. And they should bring joy, cause pause, and be unexpected.

“Limits are healing. Limits are seeds.”

# Patterns



*“Come into alignment with who we want to be in the world”*

## Synchronicities

CEED came to me when I have been working hard to juggle time blocks while working through diploma designs, building a business, and homeschooling/raising my grandsons. It came when I needed healing from the past, but have not known how and have avoided some areas of it. Yoga has helped, but I cannot seem to pray or meditate. Looby seems to have the ability to reach in and touch the disconnect and bring light to it. The synchronicity of the timing of this course and the needs mentioned is something not to ignore.

Several things I have recently stated or thought were then said during videos or audios. It felt strange because it happened so often.

The need for the design web came up right away with my husband, Steve. For the first time he wanted to brainstorm our future and was open to using the web to do it. We had a wonderful time dreaming our way through.

Then I brought it up with my friend Sarah, am working through it with my Permayouth Americas and Family Permaculture team, and met a friend at the park to share it with her. It seemed like everyone I spoke with needed the web in their life!

I had a zoom meeting with someone and because of her zoom background, I instantly learned several things about her. She had cultural pieces from her work in Rwanda, paintings from her and her husband, music references, and plants. She brought art into her surroundings. She inspired me to create a similar zoom background.

My grands and I recently decided we needed to learn bird language so we can get to know our birds better. That synchronized with wanting to learn a little bit more about Jon during this course. I started watching some YouTube videos and discovered he is the bird language king. We will be rewatching the videos and eagerly awaiting the books to arrive.

Just prior to the CEED course ending, someone in the Permaculture Association diploma Facebook group asked about interest in an “art in permaculture” group. I joined and met some wonderful, like minded people.

## Inspirations

[Dottie's Gardens \(video\) at Spatterdock](#) - these are our favorite cabins to stay at on Caddo Lake in Northeast Texas. Dottie adds art to just about everything including cars and bathtubs. It is often unexpected and always beautiful and exciting.

[Hollywood Sculpture Garden \(video\)](#) - this garden is near where my daughter lives in Los Angeles, California. What he has done, or allowed others to create, in his steep hillside property is incredible.

Anthony asked, “How did you feel after walking through the sculpture gardens?” I feel alive, senses more alert, recharged, hopeful, inspired, all things are possible. The blending of meaningful pieces with purposeful gardens have a multidimensional, all immersive ability to heal, to reach inside someone, to empower, to soothe, to order and satisfy. He challenged me to think and it was difficult.

Gaudi’s architecture in Barcelona, Spain - so unexpected and incredible

## *Ideas*



*Embrace new beginnings*

Formulate freely

*Take back my theatre freedom*

## Future Possible Additions or Ideas (Ongoing List)

What?	When? Where? Or Why?
Alice in Wonderland moments (tea party, tea pots in the trees)	To recapture my "Alice" costumes and deep creativity. It's unexpected and like Judy's <a href="#">Chairy Orchard</a> .
Set aside space for other artists	I would love to have other's stories in the garden-adds dimension
Tours? Like Hollywood Sculpture garden? Sale table?	Maybe 2 hours a week or by appointment. Maybe it's for Air BNB guests and friends. Another opportunity to sell products.
Hire help	To help with specific tasks and chores
Create a design wall in the sun room	Because it is inspiring to see designs in progress on the wall
Have stepping stones that represent the turning points throughout my life that led me here.	They do not need to be explanatory to others, just me.



Create an inspiring work space and create a zoom background that tells the story of me.	Costume pieces, nature pieces, story pieces, pictures of family, and quotes. Synchronicity occurred in a meeting with "Schree". Her background told me so much about her.
Think through 7 generations	Not sure this works here-but at least think the indigenous mindset
Frog statue	In the Secret Garden with the boys
Nature Loom	In the top of the stone spiral from Chinaberry branches
Check out Chagall and Dali	
Rent out a tower garden	Possible extra income until I get them all back up and running. The Tower Farm would be a draw if they were all full.
Time to write and sew	Along with art in the garden, it can extend to writing again and fabric art. Both have faded lately.
Walk in inspiring places	To remain inspired
Create patterns to stand on	Textured pathways like reflexology, painted stepping stones, or unexpected things like the keyboard and guitar at the sculpture gardens.
Trophy Trellis	When I was young I was painfully shy and afraid to walk down the halls at school. I wanted to rise above, be confident, and wanted more trophies than my sisters. I competed in beauty pageants to achieve that. In the end I was able to speak to groups, walk with confidence, and yes I had more trophies. I have since taken several apart to become part of the story of my garden.
Trophy Base Planter	
Trophy Wind Chime	

## Emergence Journal:

I will focus on completing a few artistic projects that are already started because that completion is a very important piece.

From our buddy assist: Study work from Chegal and Dali, hire a high schooler to help with project labor, invite artists, involve the community, make a map with zones for art-set aside for guest artists, charge admission (help with the garden), be open for tours for a couple hours and charge or accept help with small projects-can have a sale table, rent towers, start a volunteer program

## Principles

### Ethics and the Principles of Cultural Emergence

Ethic or Principle	How it Spoke to Me
People Care	Gardens are an experience and I want to add dimension to that experience for myself and others. I want people to slow down so they have a chance to fully absorb everything around them as well as explore their own creativity. I want to care for myself by allowing myself to be creative in whimsical ways that offer a playful, unexpected and healing piece to the garden.
Earth Care	Unexpected art pieces slow people down and cause them to be more observant of the plants, wildlife, and art around them. I will use repurposed materials that I already have, find, or are gifted to me to reduce the need for more supplies. Using repurposed materials will educate and bring awareness to how materials can be reused in new ways, or never purchased to begin with.
Fair Share	Potentially sharing the pathway as well as possibly offering others

	<p>a space to showcase their art encourages community involvement and educational opportunities. I can encourage visitors to be more aware of their household waste or find other ways of disposing of it. I can be an example of how to practice permaculture and repurposing materials.</p>
<p>Principles for Growing Inner Wisdom Your body knows Honour the wisdom within Tend to your personal culture</p>	<p>I will trust myself, my creativity, and my garden to decide where pieces go and what materials to use. I will practice “believing in myself” until I have confidence naturally to practice art.</p>
<p>Principles for Creating Fields of Encouragement Be in courage Give encouragement Receive encouragement Use the intelligence of co-operating hearts</p>	<p>Take the first step into courage to be creative. I will accept advice and encouragement from others as well as give it as needed. I will ask for help as I need it. I want to converse with creative people to receive inspiration and encouragement. Intelligence of cooperating hearts could be artists that showcase their pieces in the garden.</p>
<p>Principles for Strengthening Cooperation Anyone can raise the vibration Emergence happens in relationship Many minds are better than one Weave unity</p>	<p>I will think through and try to incorporate the ideas from the group brainstorming such as possibly include the community or hire interns or artists to help. I will seek out others to brainstorm these ideas (and others) to allow new ideas and next steps to emerge.</p>
<p>Principles for Aligning Respond to life Be attentive to timing Be attentive to shifts, openings and opportunities Synchronise with natural patterns</p>	<p>I will be open to synchronicity, listen and respond to it. The possible shift of allowing others in was an idea a few years ago and now it is being revisited. Life events consistently create a need for a healing space. I will work towards establishing that space.</p>
<p>Principles for Inviting Flow Trust the Process Step into the unknown Use emergence to support emergence Plan then flow</p>	<p>I will be open to the unexpected. I want to use minimum effort to achieve maximum effect. I want to create a pathway for creativity to meet the material world. I want to remain open for emergence and flow. And I always want to be open to the unknown and unexpected.</p>

Leave space for emergence	
Principles for Being Proactive Move the tools Presence in the process Make progress visible Work to completion Beauty in completion	Think of the physical small tools as projects arise and allow those needs to determine the need of the piece. It is ok to have the tools needed on hand if they are necessary. Completing a project builds momentum for future projects. I will plan for completion-maybe this needs to be a built in review quarterly. There is beauty in completion. I need to work out from small, well managed areas-Don't take it all on. It is ok to simplify.
Principles for Emerging Potential Come into the light Discover abundance Embrace potential Allow for the possibility of the seemingly impossible	Think big. Then think bigger. And be open to something even beyond that. And sometimes I need to think simpler and smaller. Sometimes that is the "thinking bigger". What about someone living in the guest house as an "assistant" to help with the kids, the gardens, and the animals?

## *Integration*

- *Spiral together*
  - How to create a volunteer program
- *Is the design the concept of achieving connection that is missing and happens to include the art projects?* Or is it the art projects?
  - *The floor, eye level, the air*



## Emergence Journal:

June 18: The big lesson was that I need to trust myself more. I have several skills to bring to the design table and I need to rely on them more.

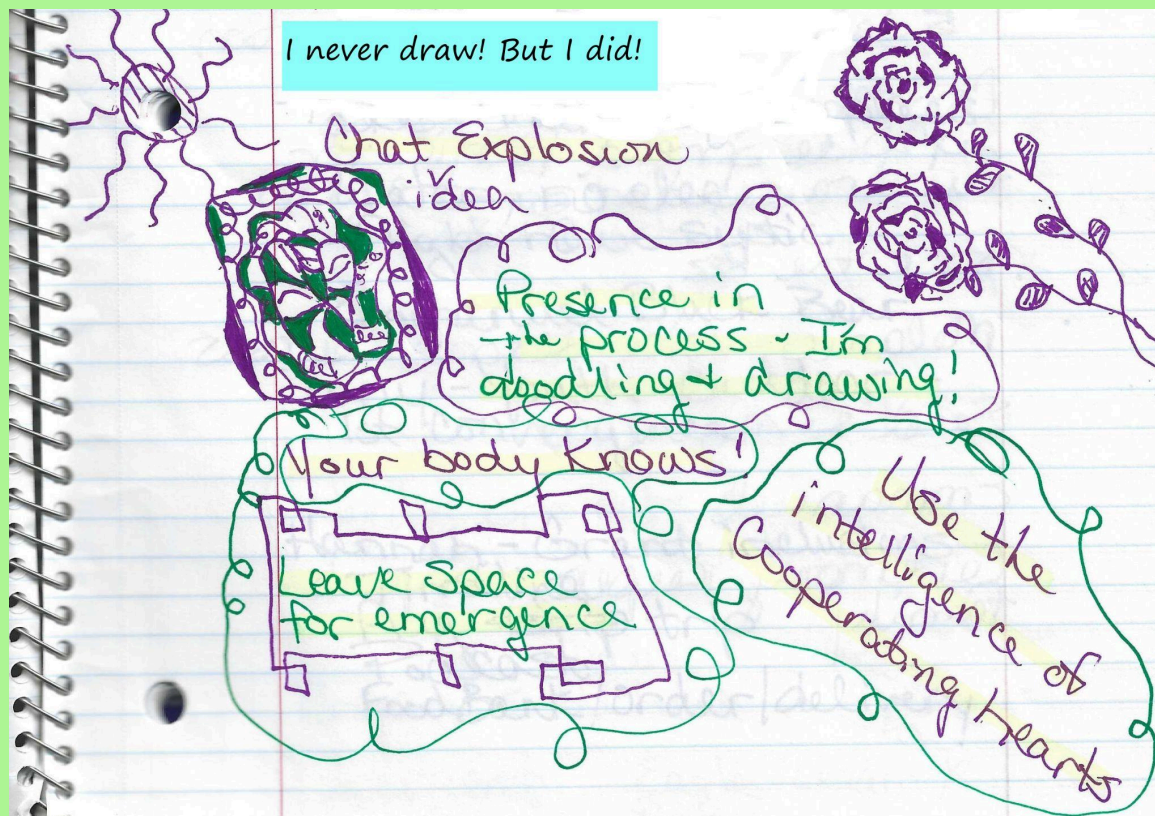
The elder phase is hard but valuable. It forced me to slow down and look deeply at how I am self sabotaging (doesn't feel good, but it helps me grow) or how things are flowing well and where they need to be adjusted.

Looby, you can include building trust as one of the needs of your design in the integration anchor point. And also observing and reframing self-sabotage - all of which are useful when approaching art projects I find.

Thank you! I added them in. I noticed last night during the call that I was doodling and drawing while listening to everything. I do not doodle and draw. Ever. But I was! And I liked what I was drawing. And it was helping everything that was being said to be absorbed better. Fascinating.

Looby, and now you can let go of "I do not doodle and draw. Ever" and say sometimes I doodle and draw!

Jen, I had the same experience - it felt really challenging to do the appreciation anchor point. Good to know that it generates some needs for the integration anchor point, that's really useful.



Brainstorming needs and solutions in one of the calls was inspiring and surprising. Giving possible solutions unlocked creativity in me and hearing solutions unlocked new directions for my design that I had not considered. Or maybe new design ideas. Great exercise!

# Action

- Watch instructional videos
  - Time management
- Create an inspiring workspace
  - Sit spot with journal
- Take the next step no matter how small
- Leave space for additions and emergence
  - Involve the boys
  - Design wall in the sunroom
  - Zoom wall in the office

## Emergence Journal:

June 17: Before I chose my topic, I really did know what I wanted to do. But I doubted it. After listening to a few videos and audios, I knew. It was the right choice and was much more than I thought it was. Whimsical Healing is about blending art in the garden with my relationship with my plants. Working through the quick design has already unlocked many feelings and ideas. I've met with an artist friend, and I'm excited to choose to be an artist design.

Looby, good to work through the doubt and follow your instinct - sounds like it is already paying dividends

On Thursday I met with an artist friend, Jodi, to listen to her experiences, and her guidance. We were supposed to meet for one hour, but it was three before I realized it. I totally missed another meeting.



Jodi shared her Manifesto Bowls with me.



July 2: I've identified my next steps as completing a few simple projects within this design (nature loom, bike wheel trellis and trophy piece planter). I need to clean up an area where a brick spiral will be reinstalled. And I need to gather my tools for the next phase.

Looby, great to have some discreet smaller projects to do

Lorna, I like this idea of completing small projects within the bigger picture. Fits in nicely with Jon's circles within circles which really helped me to get some feeling of satisfaction through having Made Progress Visible. Thank you, Annette, your comment has brought this more consciously into my appreciation and thus Integration.

What does completion look like? Whimsical Healing has taken on a life of its own. Completion has phases. Phase one will be what I share for the CEED course. Phase two will be what I submit for my diploma review. Phase three will be ongoing and has no end.

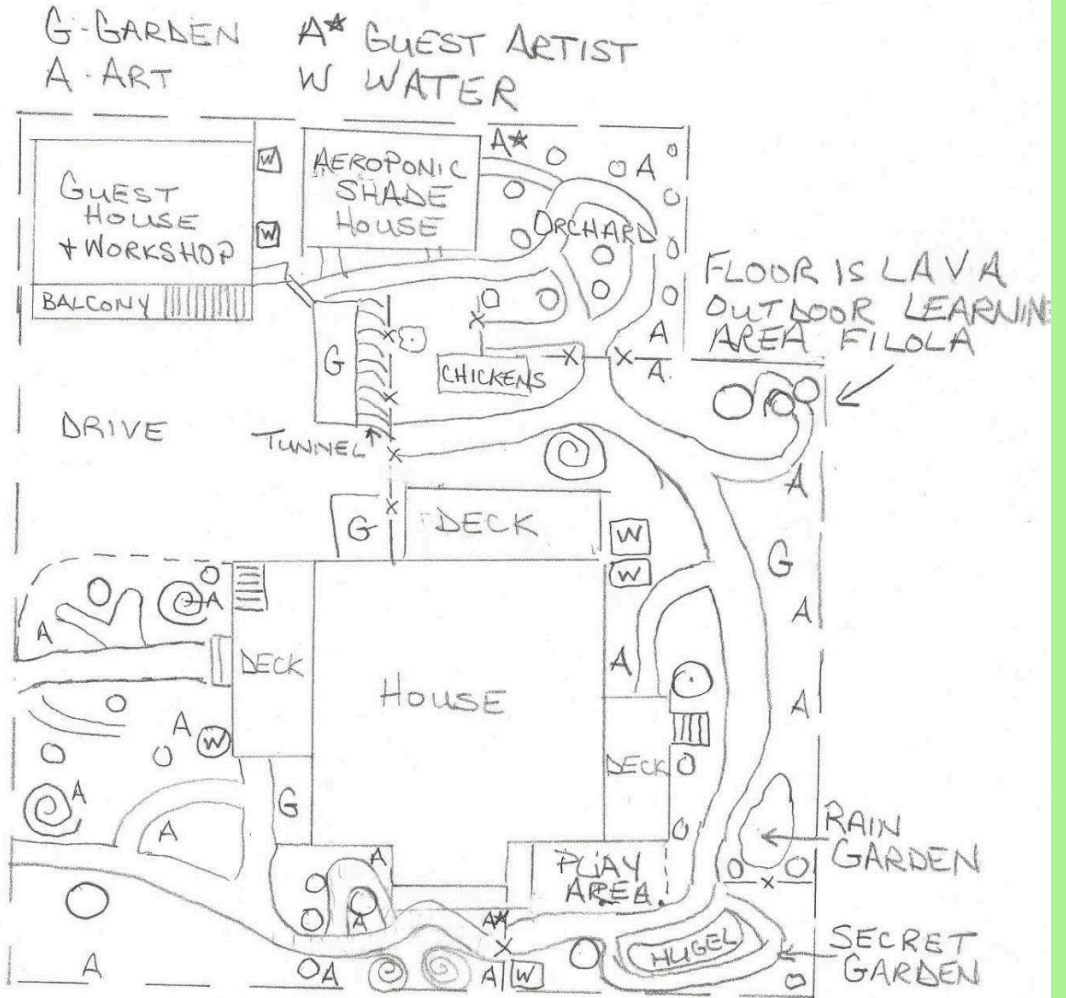
Completion Celebration: Potluck dinner for workout group in the garden? Open house?

## The Plan

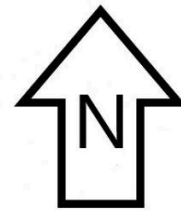
It was suggested during a group session of the CEED course that I draw the garden path design so I could see where art pieces might fit. This, of course, can change any time as the gardens change as do the accessible materials change. The path already exists, but is not worthy of inviting people to visit it just yet. The drawing does allow me a visual tool to imagine how I would like flow to occur. And the art piece sites are merely current suggestions.

# Art Amongst the Gardens

↑  
DEAD  
END



LAKE DOWN THE HILL



## Completed or In Progress Pieces

Bottle Trees inspired by Dottie (see video in inspirations).  
All the bottles are nonalcoholic.





Bike Wheel Trellis  
from our old bikes and the girls' daybed.

Repurposed climbing wall in the "Secret Garden".



Trophy planter



Sink in progress

Schedule creativity

Do inspiring things

Keep trying

Listen to music

Nature journal daily

Sarah time

Revisit this design to see growth. Add new completions and ideas.

*“Joyous play honors the vision” Jon Young*

## Emergence Journal:

July 2: At the beginning I had the desire to bring art into my garden. I knew it would be healing, but was focused primarily on the quirky art pieces. I continually find, however, that the process is the healing part. So after the call today, I rearranged my sunroom to include a reflection seating area, a yoga area, and an art area. That doesn't have anything to do with my "Whimsical Healing" design...or does it? I think it definitely does. It created a connection.

Kathrin, That sounds just wonderful Annette!

JanieB, Nice Annette, I think sometimes I try to justify myself to myself instead of just letting it flow. There is no jury.

# Appreciation

*I love my space*

*I love my desire to succeed*

*I appreciate myself for my openness*

*And for the desire to make the connection*

*I can bring flow and completion to a project, and to my own spirit in healing. I have crossed into giving myself permission to be an artist.*

## Emergence Journal:

July 2, Once I gave myself permission to spend time creating repurposed art pieces (art to me) and dispelled someone in my past telling me I am not an artist, I found a golden key! I can see creative avenues all around me (room arrangements, creative spaces, idea walls, art pieces, designing). It definitely makes me feel alive and unlocked.

Looby, hurray for letting go of past voices and embracing your innate creativity

# Reflection



## Emergence Journal:

Week 1 reflection: I want to be free and empowered to be fully expressive within my designs. And I want to encourage myself to acknowledge the discoveries I make in my weekly reflection.

The first night after the first lesson, I did not sleep. I couldn't! It was like nerves refiring and little shots of electricity were shooting in my brain. I had to get up and write some notes.

### **How did it feel before and after you choose your design topic?**

Before, I knew I wanted to do a design that includes art. But I doubted it would be a good choice and had a few back ups. As I heard the first few videos, it became very clear that art in the garden was on the right track. As I kept listening, and working through the anchor points I realized my design was much more than just bringing art in the garden. It is about the healing from the past circumstances that the blending of art and the relationship with my plants will achieve. It is about giving myself permission to be an artist. Whimsical Healing is an accurate name for this journey.

### **With the 12 page download/blurt which anchor points did you find easy/flowing and which ones were more challenging? How does this resonate with your life?**

Most of the anchor points were free flowing to some degree. The most challenging were integration, action, momentum, and pause. That definitely is how things normally go for me. Ideas, the design and how to get them going happens all the time. Implementing to completion can be difficult for me.

### **What lessons have you learnt about yourself as a designer?**

The big lesson was that I need to trust myself more. I have several skills to bring to the design table and I need to rely on them more.

### **What have you learnt about the elder phase of the Design Web?**

The elder phase is hard but valuable. It forces me to slow down and look deeply at how I am self sabotaging. It doesn't feel good, but it helps me grow.



June 27: I found some edges that became allowances such as allowing myself to complete some artistic projects, to be okay with only completing a couple new ones for now, and to allow the healing aspect to take precedence. As a designer I think I found a stronger flow through the edges into blending elements and found a deeper dimension by bringing in the unexpected. I'm so grateful for this process!

Kathrin, Thank you for sharing. I love "bringing in the unexpected".!

Looby, I enjoy the idea of edges becoming allowances

Jorge, That's very interesting Annette, thank you for sharing!

My spirituality was challenged and I realized I love where I am at. That in itself is unlocking.

After the first call I did not sleep. My mind was spinning with creativity. Something unlocked and I had to get up and write down thoughts.

Schedule a weekly reflection, maybe on Mondays? Maybe have a special sit spot that I visit on that day. Maybe I have special sit spots for specific reflections? What new discoveries have I made?

*"Once surface thoughts are out it allows room for deeper stuff to emerge"*

**Terrifying!**

### What changed as a designer?

I can choose what completion looks like and leave space for future completion. I can allow the healing aspect to take precedence-I can prioritize based on the needs of the design

<i>Roses</i>	<i>Thorns</i>	<i>Buds</i>
Have felt more unlocked, free. A little bit of self forgiveness and healing. Doodling and drawing. Focus on completion, ideas. Able to write. I am feeling more confidence as a designer. I'm good at this.	Setting boundaries with myself, going deep within, forgiveness, fear. Overwhelmed with work/school/boys	I want to use this process. I want to create the time to connect with myself, my skills and artistry to be the best designer and educator I can.

*Pause*

*Am I having fun?!*



## How will I bring pause into this design? How will I use pause as a design tool?

Art brings a deeper dimension into a garden which invites one to pause to process. This can be used as a design tool. Micropauses can be accomplished through mini workouts, mini moments, mini art inclusions.

## Emergence Journal:

June 15: I have to bring pause in to "hear" my thoughts on how pieces work within my design, what they will become, how they will relate to the rest of the garden, and how people can interact with them. I also need pause to appreciate the healing properties every step brings. As a designer, I want to design the unexpected that invites people to pause to inspect the art, plants and wildlife clues more closely. Within that pause they will hopefully pick up some healing attributes as well.

Looby, lovely to relate pause to healing - in all the many aspects of it  
kate, I agree - this feels like a lovely way to be incorporating pause into your designing.

I was asked to create a [garden tour video](#). It does not include my pieces yet, but every aspect of a garden is art in itself. When it was complete I realized it was a pause and a celebration of what I have completed up to this point.

## Reflections on the Process

I've written up several designs, but found this one especially difficult. The process was so free and flowing, but taking it from the ebb and flow web-like process to a linear write up worthy of diploma work was awkward. As I reflect on this process, I realize that I have been artistic in my gardens. And art is all around me in every plant, every garden, every tree, every relationship. I feel freer to express myself and as a designer and educator. I feel more confident and bold. I can bring unexpected, artistic elements to each design and class and challenge or guide my clients, students and colleagues to unlock their deeper selves.

Looby, lovely reflections on your creativity, and I hope that you find the balance between that and writing up diploma designs. I love seeing people's creativity in their diploma portfolios

In the beginning I thought this design was simple, maybe 3-4 garden art projects. I knew it was deeper than that, but thought it would be considered a small design. I had no idea it would become potentially so large. It really was not about the art projects. It was about releasing the beginning of a deeper dimension of design and healing that has no end, not really. And that is art isn't it?

CEED Presentation comments 7/15/2021 -

Looby, Annette - how to give ourselves permission to bring art into the garden. watching the whole idea of art that tells a story and brings people in. no end that is how completion is defined it will continue to grow.

Nikki 12:49 PM, Bring art into permaculture in continuing conversation, synchronicity, art in my garden that tells a story, blending art with teaching, completion is defined with no end but as a tool for future reflection and growth. Calling it done for now. Emotions and connections are numerous.

Jon Young 12:49 PM, Whimsical Healing—Annette—bringing art into the garden. A very inspiring image emerges for me here at our garden. Love the synchronicity—Need is a great driver. The late night download is so cool! Art that tells a story is a beautiful approach.

Barbara Scheltus 12:49 PM, Synchronicity rocks & your design too Annette!

Geri Sinclair 12:49 PM, very inspiring

kate gathercole 12:49 PM, Such an exciting process.. Giving yourself permission and allowing ideas .. finding a place for art that tells a story and brings people in.. a beautiful and inspiring process of growing

Lorna Harvey 12:52 PM, Great to see you so confident and glowing, and acknowledging your creative gifts. Annette

## Design Effectiveness Evaluation

Original	Post Design
<p><b>Vision:</b> to allow myself the space and freedom to create art within my garden to heal an area of disconnection. I intend to create a healing space for myself and others where there are few boundaries and there are no wrong turns. I want there to be a desire to keep going to see what is next. I want to be able to lose myself yet connect in a new and deeper way.</p>	<p>I have found the space to create art through this design and am able to carry it forward. Art is People Care immersed in Earth Care which creates Fair Share and a deeper dimension of expressing appreciation, love and gratitude for the plants and trees we have a relationship with.</p>
<p><b>Criteria:</b> Each art piece and garden should tell a story even if it is unclear to others. They need to be repurposed materials. And they should bring joy, cause pause, and be unexpected.</p>	<p>The art pieces were:</p> <ul style="list-style-type: none"> <li>*Trophy Plant-when I was little I was terribly shy. Pageants helped me learn to speak in public and to peers and to carry myself with confidence. I've taken the trophies apart to create art with them.</li> <li>* Mosaic Sink - a sink from our house remodel, repurposed with broken tiles. It is a reminder of my friend Dottie's inspirational gardens using repurposed materials and mosaics.</li> <li>* Bottle tree-non alcoholic bottles, in honor of my daughter, used on an entrance gate to a garden. It's exhibiting the joy of life without alcohol.</li> <li>* Bike wheel trellis-wheels from our own old bicycles, painted and attached to a bed piece. We purchased new bikes and sold one car to ride around town. The story is of our move away from a fossil fuel car to sustainable transport methods - pedal-powered.</li> </ul>
<p><b>Completion:</b> Opening myself to the process and finishing 3-4 pieces as well as installing in the garden.</p>	<p>Completion has phases.</p> <p>During phase one I have completed the above listed 4 art pieces.</p>

Phase one will be what I share for the CEED course.  
 Phase two will be what I submit for my diploma review.  
 Phase three will be ongoing and has no end.

<i>Art Project Update</i>																					
	<i>Expected</i>							<i>Extended</i>													
<i>Annette Argabright</i>	<i>2021</i>							<i>2022</i>													
<i>Project</i>	<i>Jun</i>	<i>Jul</i>	<i>Aug</i>	<i>Sep</i>	<i>Oct</i>	<i>Nov</i>	<i>Dec</i>	<i>Jan</i>	<i>Feb</i>	<i>Mar</i>	<i>Apr</i>	<i>May</i>	<i>Jun</i>	<i>Jul</i>	<i>Aug</i>	<i>Sep</i>	<i>Oct</i>	<i>Nov</i>	<i>Dec</i>	<i>Notes</i>	
<i>Mosaic Sink</i>																					<i>Gavin loved this Turned out great, but did not hold up-the tiles fell off in 2023</i>
<i>Bike Wheel Trellis</i>																					<i>Need supports. Keep adding wheels of varying sizes! 10/6: Moved to a new location that has support. 12/23: am moving to a fence and will add more wheels</i>

Nature Loom	█																																		12/23: Have rebuilt a few times and use more as a trellis than a loom.
Spiral Wall Rebuild			█																																Half Complete. <a href="#">Video</a> 12/23: completed in 2022, lost plants to heat wave, but will replant in 2024
Gavin's Flower Pots																																		12/23 This has not happened yet	

### Art Completion Evaluation

Piece Title	Does it tell a story?	Is it made from repurposed materials?	Brings joy? Causes pause? Unexpected?
Bottle Tree Gate	All the bottles used are non alcoholic bottles-very important. The birdhouse and globe were collected over the years. The bottle tree reminds me of Dottie's gardens.	Other than the wood for the gate, yes	It is an unusual gate so yes it causes pause and always brings me joy. I think of Dottie. Changing the bottles from ones that contained alcohol to ones that did not changed the atmosphere completely.
The Tire Wall	It is more of a journey of	Everything used here is	Yes, yes and yes. It also

	searching around our property for materials. The empty property next to us had several things laying around including these tires. Instead of the dump they encourage play.	repurposed	encourages climbing-everyone.
Trophy Planter	When I was young I was painfully shy and afraid to walk down the halls at school. I wanted to rise above, be confident, and wanted more trophies than my sisters. I competed in beauty pageants to achieve that. In the end I was able to speak to groups, walk with confidence, and yes I had more trophies. I have since taken several apart to become part of the story of my garden.	Other than the twine used, yes	It reminds me to be confident and free. It definitely is unexpected and causes pause.