

## Speaker Bios

### **Huw Evans – Three Pools**

Join Huw, founder of Three Pools Permaculture farm, to hear about the vision of the farm, what's happening and how it's all going.

### **Aranya – Going with the Flow – Working with the Earth's Electric and Magnetic Fields**

More and more people are sticking spirals of copper wire into their soil to increase the health and yields of their plants; is it 'just a bunch of hippy nonsense' or is there some actual science behind it? Aranya (who originally trained as a physicist) has spent the last year investigating! We're all immersed in the Earth's magnetic field and the global atmospheric electrical circuit every moment of our lives. How has Life harnessed this energy? How do our modern behaviours disconnect us and what are the consequences for our health and vitality? What exactly is 'electroculture' and what might a permaculture version of it look like? Come along to find out.

### **Steven Jones – Practical Solidarity: Permaculture East Africa and Beyond**

As an essential part of a dynamic and interconnected world, permaculture is now a global phenomenon. Experiences engaging with young populations, thirsty for new ideas and opportunities in the majority world, lessons learned, and next steps forward.

### **Louise Southwell: Introduction to Cob Building**

Get your hands (and feet!) in the mud with a practical workshop making a trial cob mix and building it up into a wall. Ask questions and find solutions with experienced cob builder and former architect, Louise Southwell; founder of MudLove natural building collective. Bring instruments and make the mix a dance!

### **Anna Williams – Cyfoeth Y Coed: Urban Gleaning in Swansea**

We'll look at the successful harvesting of urban and suburban garden grown apples to provide a sustainable source of healthy local food in Swansea.