

Speaker Bios

Pippa Chapman – Permaculture Plants and Their Uses

This session will explore the many yields from plants such as food, medicine, craft materials and dyes, key features for plant identification and a little on their propagation.

Rakesh – Recognising plants by their patterns

Join Rakesh for an engaging introduction to plant recognition through their patterns. Come along to learn how to easily identify plants by observing key features like flowers, sepals, pistils, and stamens. Understand how to recognise plant families, simplifying your ability to identify edible plants and those you should be cautious about. Whether you're a forager, gardener, or just curious about nature, this session will deepen your connection with the plant world. This workshop will be built upon by a Wild Food Walk with Rakesh on Sunday.

Michelle Asher – Movement and Meditation

Join Michelle Asher for a lightly guided freeform movement and meditation – tuning in and moving energies in the body.

Cassie Lishman – Willow weaving

Join willow artist and basket maker Cassie to learn about working with willow. All welcome.

Abel Pearson – Farms as Church – Realising a Truly Community Supported Agriculture

Join Abel Pearson to imagine the role small farms could play in building communities and congregations of meaning and purpose, restoring our sacred connection with the land and fulfilling the promise of permaculture for the many, not the privileged few. Hear Glasbren's story as they embark on a new chapter on the 134-acre National Trust farm, Parc yr Arglwydd | Lords Park farm and how the promise of permaculture informs all that they do.

